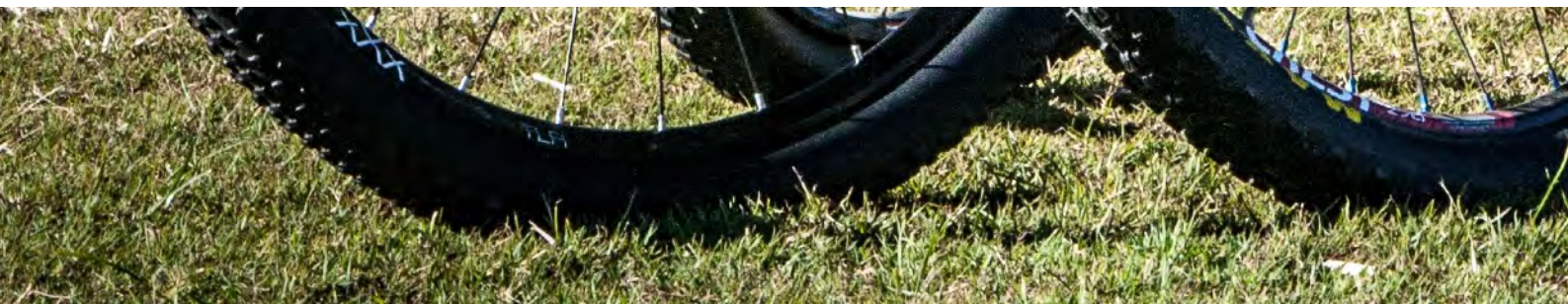




GEOQUEST

**2017 - SUPPORT CREW
INFORMATION (FULL COURSE)**





GEOQUEST

Welcome

Welcome to Mountain Designs GeoQuest. Support crews are an integral part of every team. Firstly from the organisers, a big thank you for taking the time to perform this task. We sincerely hope you have a great time at the event. If you have any difficulties, please don't hesitate to pop into HQ and seek help.

Craig Bycroft Race Director — 0419 427 244

Race Headquarters (HQ)

Race HQ – this is the area that your team registered in and will ultimately finish at. It is located in the Sawtell Surf Lifesaving Club, Sawtell.

Transition Areas (TA)

These are locations during a leg where your team will change disciplines. When teams arrive at a transition, all team members normally need to go to the officials tent to sign in. Please don't take them to your team area before this.

There are three types of mid leg TAs.

- ▶ Support Allowed – At these TAs teams have full access to support crews while they are in that transition.
- ▶ No Support Allowed – No Support Crew are allowed to these TAs. They are generally remote, hard to get to and have little parking. They may also be designated to allow support crews some rest time.
- ▶ Equipment Drop - Support crew may drop equipment off at a TA area before a team gets there then leave

No other equipment may be pre-positioned anywhere else on the course.

Course and Maps

To have an understanding of the course, we recommend that you sit with your teams while they go through their planning. A basic course overview is attached to these notes. Note that the FULL course and HALF course teams have different maps and different CP/TA numbering.

Sleep

It is very important that you look after yourself while you are at the race. Ensure you catch up on sleep whenever you can. The race is long and you will need to drive to various transitions. Think about your safety as well.

Live Tracking and Web Site

The live web site is where you can keep up with what is happening at the race. There is the mapping showing

where teams are, the leaderboard as well as photos and race gossip. Use the links down the right hand side to navigate and click on the teams dot or name to bring up more information on them including the time they last tracked.

The direct link to the map is: <http://live.trackmelive.com.au/geoquest2017/>

The trackers teams are carrying require mobile coverage to work. There is good coverage over most of the course but they will drop out in the deeper valleys as they travel inland.

SUPPORT CREW TIP - click on your teams dot to see the time your team was last recorded in that position - if their tracking stops working for some reason and the time is showing from a long time previous, you will know your team is further on the course than their dot is showing.

Twitter/Instagram

Twitter and Instagram are the perfect medium for support crews to find out and importantly share information about “what the heck is going on” in the race. Let's face it, it isn't a very good spectator sport - and as a support crew you can often feel left in the dark errrr literally out at the TAs.

The live site has a stream of all tweets and instagrams containing hash tag #geoquestar Follow this and join in the conversation! Also make sure you include the hash tag #geoquestar on any of your posts or tweets.

PRIZES: Instagram Competition - We have a prize of a \$100 Mountain Designs Voucher to give away at the end of the race to the photo that tells the best story that is relevant to this years Geo.

Driving Map

You can use the overview map in conjunction with the slightly more detailed driving map provided. The overview map shows you where the TAs are in relation to this.

The notes also have Lat/Long coordinates and street addresses which can be plugged into smart phones or car navigation systems. If you are really concerned about getting lost, it might be an option to befriend another support crew and follow them to the next TA.

Parking

There is rarely enough room in Transition Areas for everyone to spread out!!! Please follow these tips so we can keep everyone as happy as possible:

In emergency call: [0419 427 244](tel:0419427244) or [0450 475 319](tel:0450475319)



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- ▶ Nose or back of car to curb where possible - avoid parallel parking which takes up lots of space.
- ▶ Set you team TA space up at front/back of your car on the curb/ footpath/ verge - not in a parking spot beside your car.
- ▶ Park close to other teams (think shopping centre car park) please to maximise the vehicles in the TA.
- ▶ Feel free to help guide other support crews into a parking space - especially at night when it can be very difficult.
- ▶ Don't park in turn around areas - not only does it make it really hard for support crews with trailers, but unobstructed access for safety vehicles is critical.

Also, please don't leave your vehicle engine running in the TA. It is noisy for teams and local residents, pumps fumes around the TA and is generally unpleasant for everyone. If you are cold - put an extra jumper on - not the car heater.

Fuel

To avoid getting stranded, fill up with fuel before petrol stations close in the evening. There are several in the local area.

Fire

Some of the TA's have a camp fire to keep support crew warm while they wait for teams. If you can collect a few pieces of wood as you drive around the course then you can add it to the fires at the TAs. While you are waiting for your team feel free to find some wood and add to the fire.

Identifying Your Teams Equipment

Make sure your team has their equipment named in case you need to find it without them!

Mobile Phone Contact

It is very important that HQ have your support crew phone numbers (multiple is better). If you team needs to be picked up in an emergency or if they have pulled out, race officials need to be able to call you. If you haven't already, go and give HQ your contact phone numbers now!

Toilets and Water

There are toilets at some of the transition areas. These are detailed in the course notes. Water is available at some but not all TAs and CPs. We recommend you bring a few large water containers in your car. Plan wisely for this!!

Kayaks

You are permitted to help move your teams kayaks to and from the launching and landing zones.

When your team is starting a kayak leg, you are not permitted to pre-position kayaks at waters edge as it gets too crowded and sometimes blocks general public from using an area/ boat ramp etc. You can help move team kayaks to the launching point only once your team is departing on this leg.

If your team is arriving from a paddle, you may help them bring their kayaks up from the water as soon as they arrive. Often the rule is that a team can't check in at the TA until kayaks have been brought up to support crew vehicles.

Geo-half kayaks are moved on an event trailer. Please assist loading your team kayaks onto this trailer, or unloading as required.

Rubbish

Before you leave a TA, check around your area and collect any rubbish. If a public bin is full, don't pile up rubbish around it - it will just get blown around by the wind, animals will get into it and the event will get a bad name.

Particularly at night it can be easy to leave rubbish as it is harder to see. Make sure you have a thorough look with your headlamps before departing.

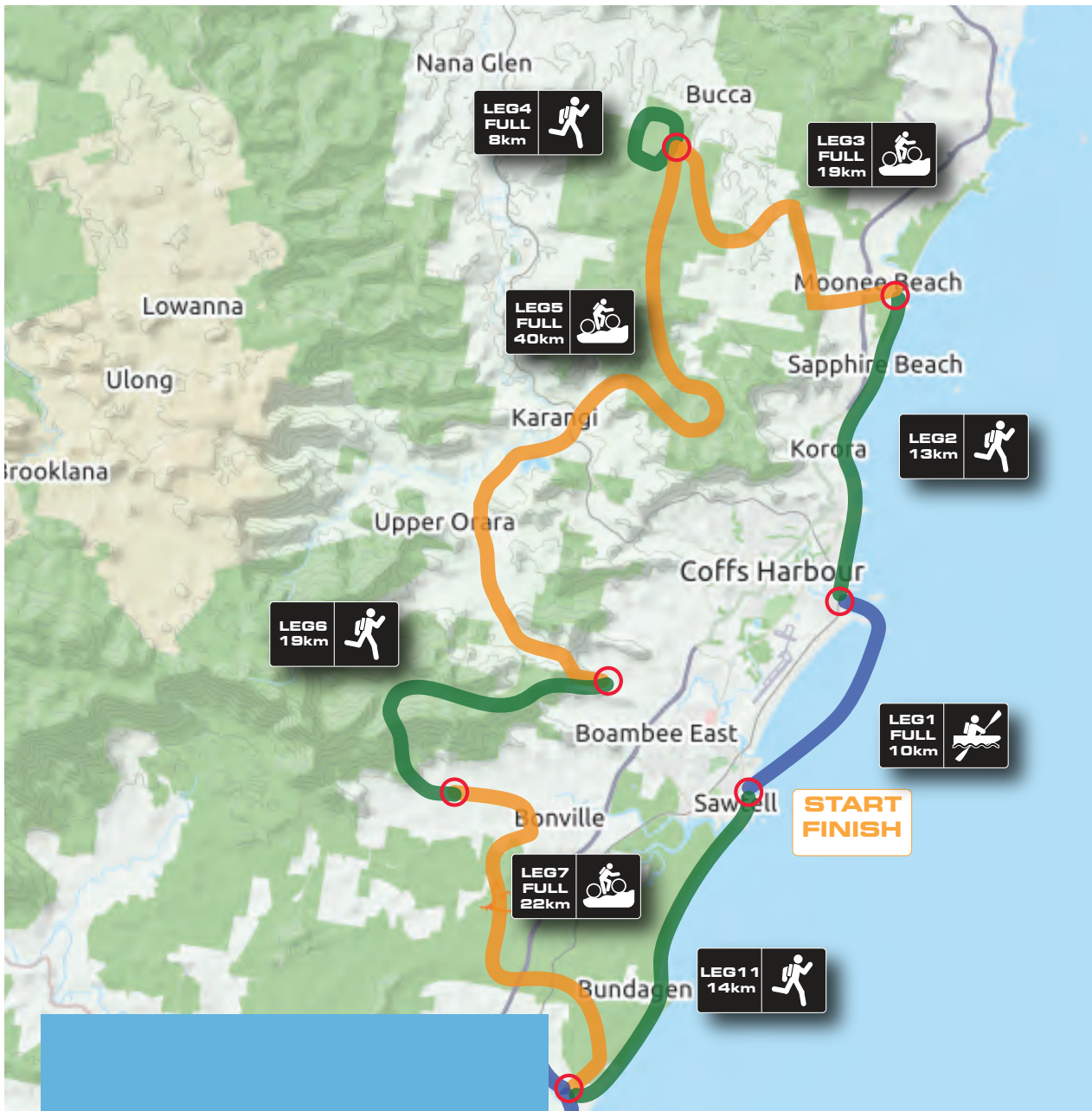
Rules

Please note also the following rules:

- No generators may be used in Transition Areas.
- No taking equipment to your team while they are on the course - even if they have forgotten it!!!! You can only assist them in the TA.
- Your team is NOT permitted to call you from the course!!! This is breaking the rules of the race. (Unless they have withdrawn and also notified the organisers).



GEOQUEST



These legs cancelled



GEOQUEST
AUSTRALIA'S PREMIER
ADVENTURE RACE




CRAIG BYCROFT
0419 427 244

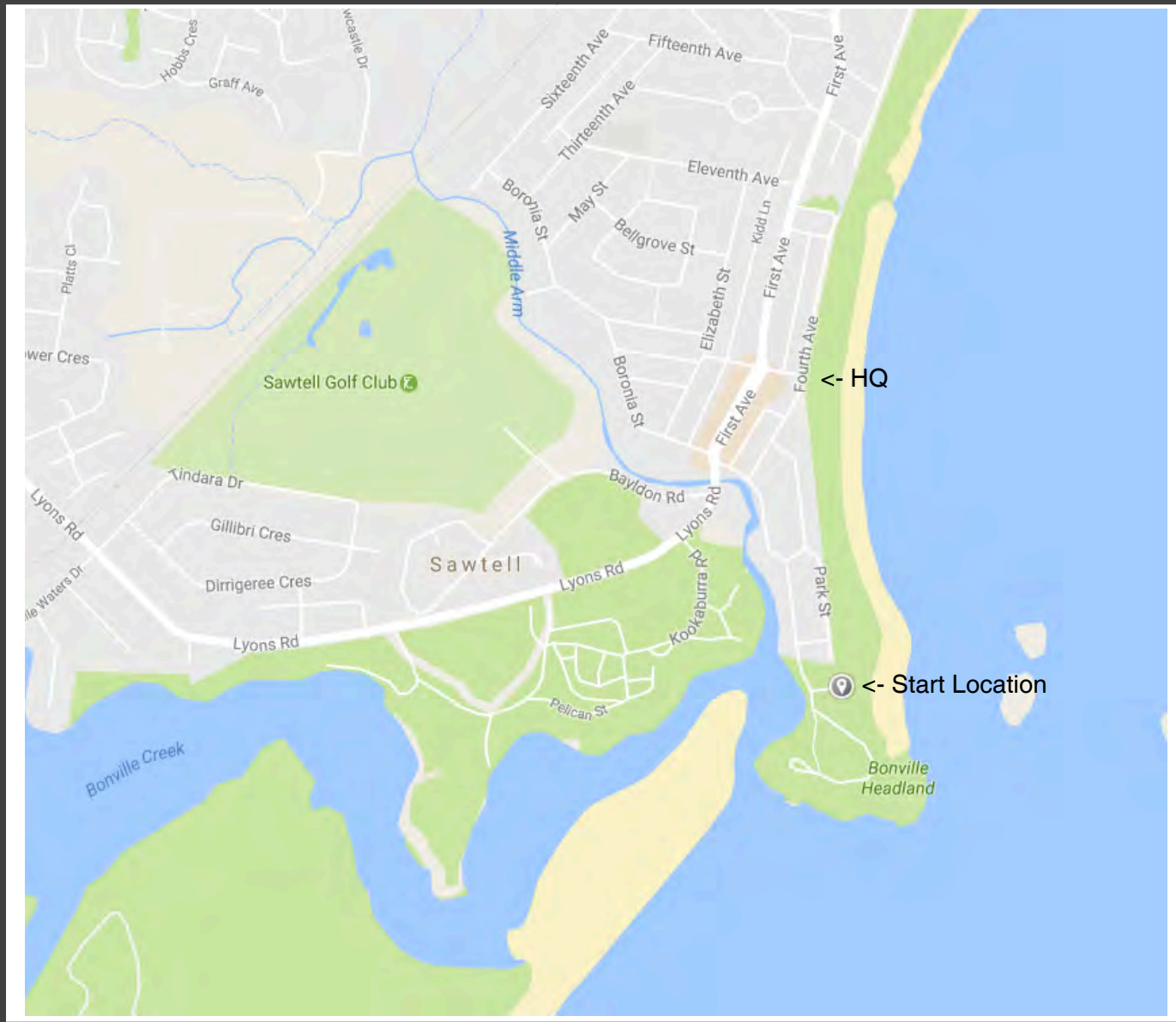
Track Me Live









GEOQUEST

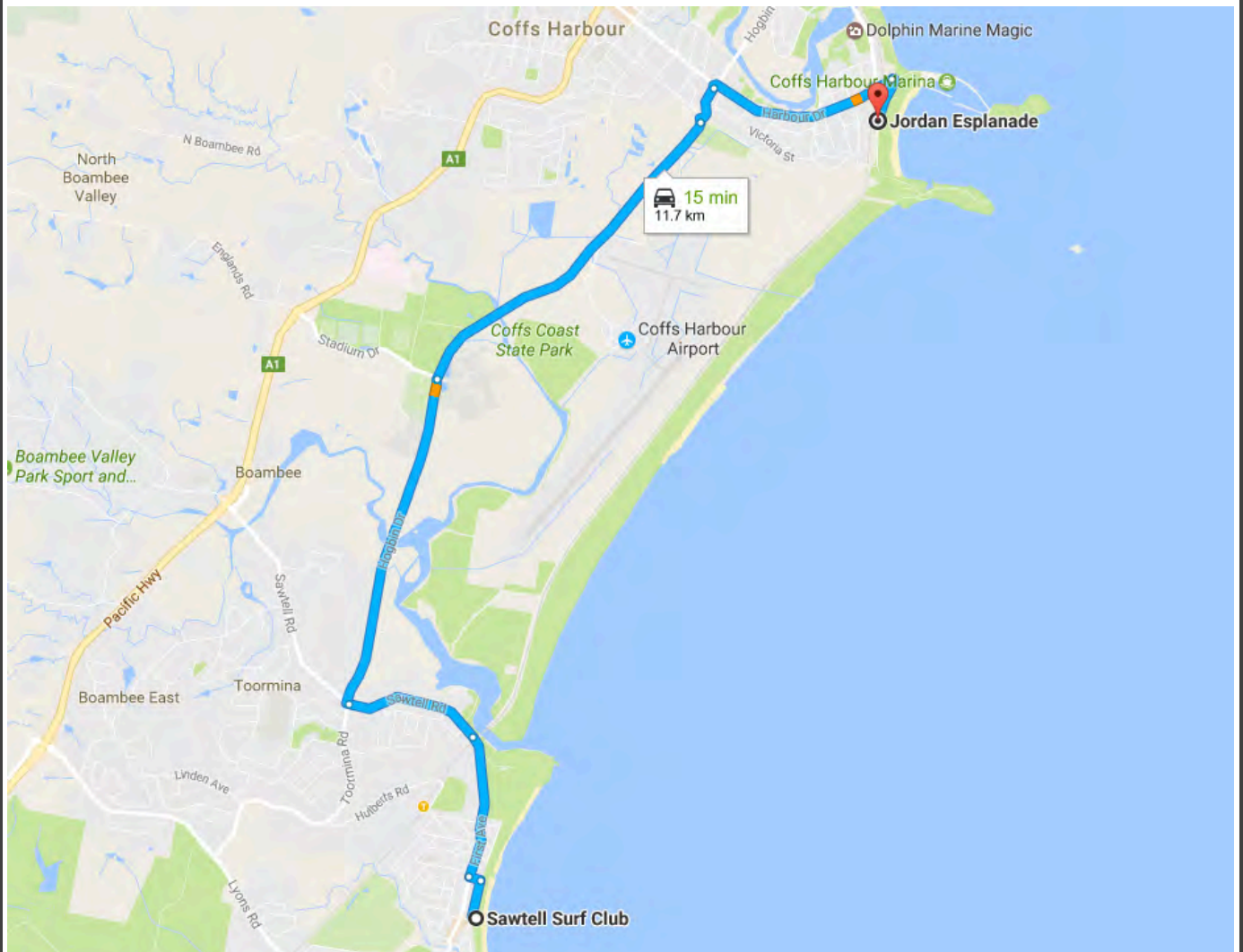
START LEG 1	SAWTELL	START LINE
		<ul style="list-style-type: none"> ▶ ADDRESS - 1 Boronia St, Sawtell NSW 2452. ▶ LAT/LONG - -30.373757°, 153.103959° ▶ DRIVING - ▶ PARKING - Drop kayaks in parking area then move vehicles to surrounding streets. It will be busy from 0730 so it might be best to drop kayaks earlier if it is possible. ▶ Start briefing 07:50hrs. Start 08:00hrs ▶ You may assist steady team kayaks in the water as they launch. ▶ In unacceptable weather conditions an alternate leg 1 will start from CP1/TA Coffs Harbour at 0900. Any changes posted to Geocentric Facebook at either Friday 2000hrs or Saturday 0730hrs.
END LEG TRANSITION AREA LOGISTICS & EQUIPMENT		
<p>Start Sawtell</p>	 	









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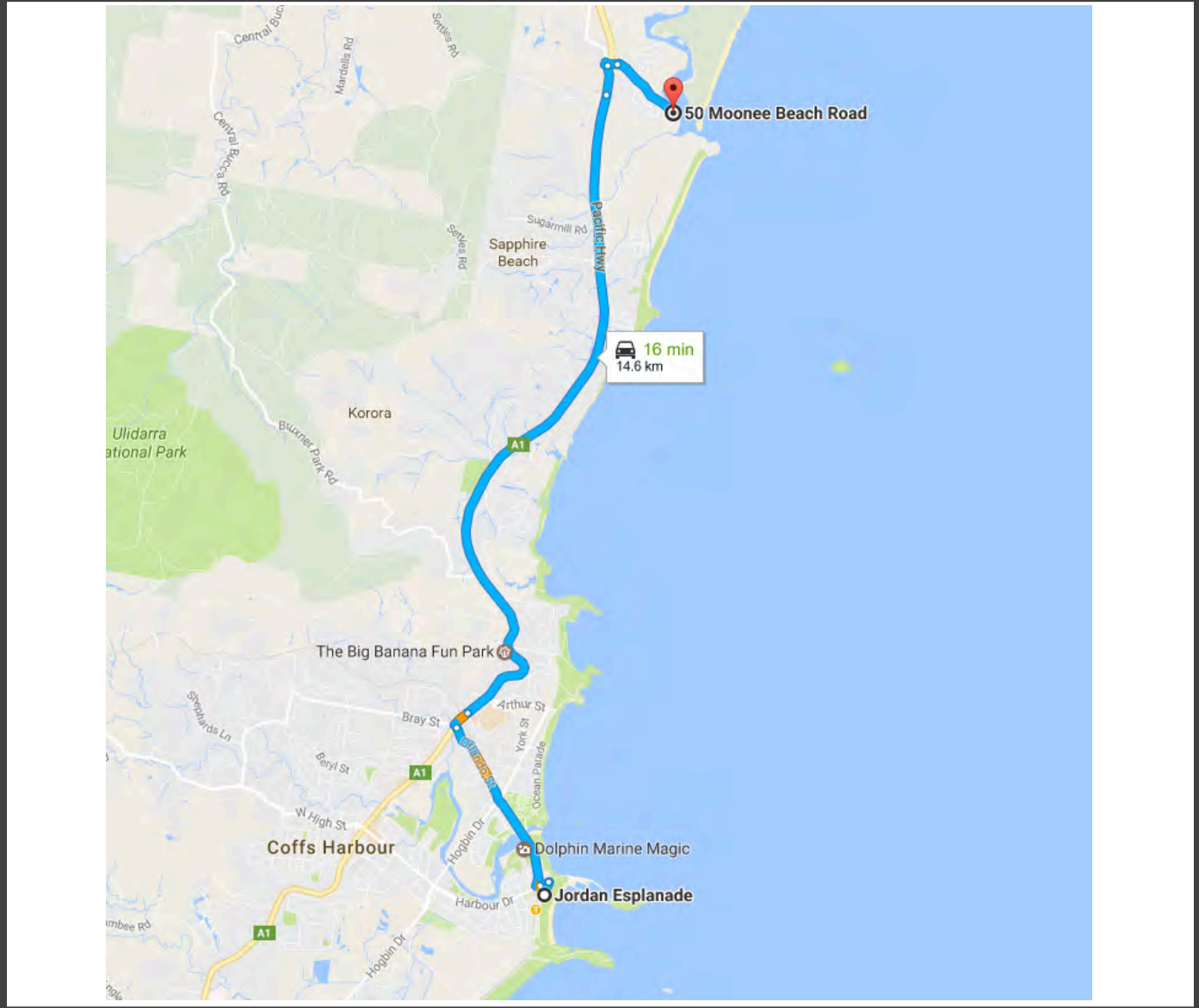
END LEG 1	COFFS HARBOUR	START LEG 2	SUPPORTED TA
	<p>Fastest estimate = 1:00 hrs To Finish estimate = 2:00 hrs</p> <p>Your Team Estimate:</p>		<ul style="list-style-type: none"> ▶ ADDRESS - Jordan Esplanade, Coffs Harbour NSW 2450. ▶ LAT/LONG - -30.304357°, 153.139511° ▶ DRIVING - North via Hogbin Drive. ▶ PARKING - Parking area near jetty and along Jordan Esplanade. ▶ SUPPORT - You can assist bring your teams kayaks up from the beach to the TA. ▶ This is location of alternate start for full course teams.
END LEG TRANSITION AREA LOGISTICS & EQUIPMENT			
CP1/TA Coffs Harbour			










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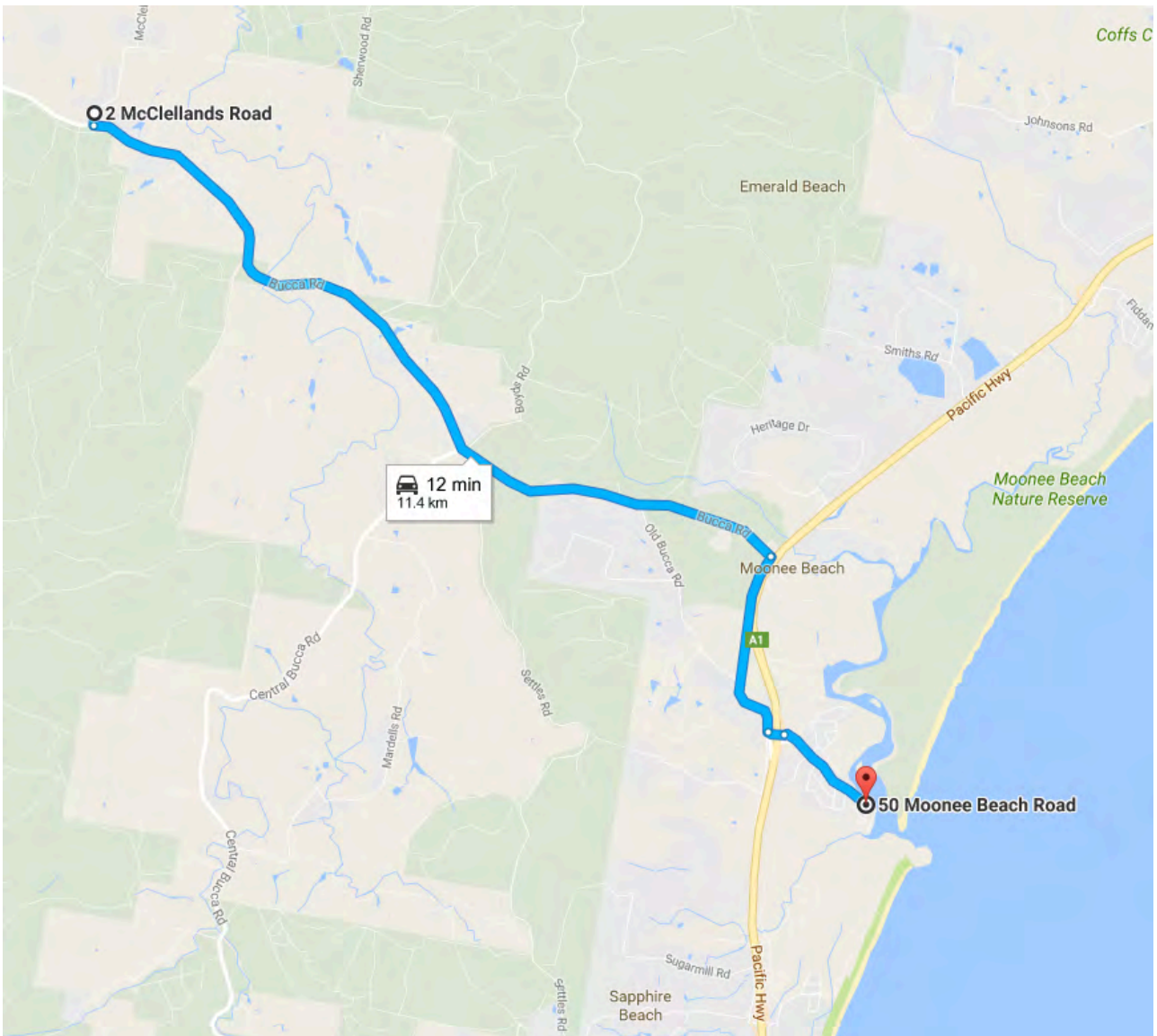
END LEG 2	MOONEE BEACH	START LEG 3	SUPPORTED TA
	<p>Fastest estimate = 2:00 hrs To Finish estimate = 3:00 hrs</p> <p>Your Team Estimate:</p>		<p>▶ ADDRESS - 50 Moonee Beach Rd, Moonee Beach NSW 2450.</p> <p>▶ LAT/LONG - -30.210889°, 153.157854°</p> <p>▶ DRIVING - North via Orlando Street, A1 Highway, Exit Moonee Beach.</p> <p>▶ PARKING - Along road and in Carpark at end Moonee Beach Road. Limited parking and you may need to park a long way back along edge of road. (Don't park in turn around area at road end).</p> <p>▶ SUPPORT - Please bring only one vehicle into this TA. Depart as soon as possible to allow room for other support crews.</p> <p>▶ Recommend delay arriving at this TA until just before your team arrives. This will give half course team support crew time to depart - which means you will get a parking spot closer to the TA tent. Cafe and food court at shopping centre just off the highway.</p>
<p>END LEG TRANSITION AREA LOGISTICS & EQUIPMENT</p>			
<p>CP3/TA Moonee Beach</p>			<p>▶ Shopping centre at Moonee as you exit from highway.</p>





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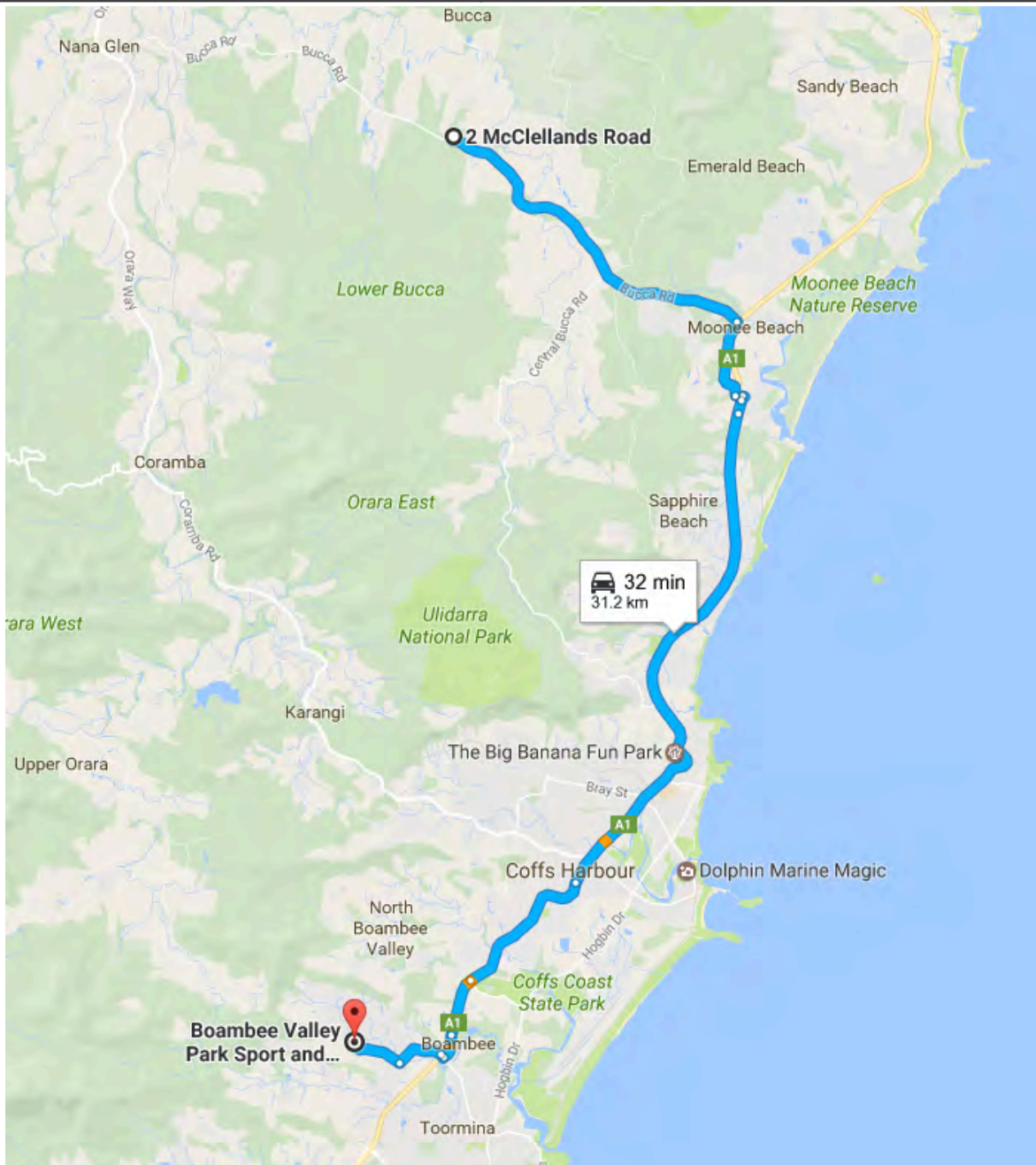
END LEG 3&4	Bucca Bucca Sports Reserve	START LEG 4&5	SUPPORTED TA
	<p>Leg3 Fastest estimate = 1:20 hrs To Finish estimate = 2:30 hrs</p>	 	<p>▶ ADDRESS - 2 McClellands Rd, Bucca NSW 2450. ▶ LAT/LONG - -30.149730°, 153.083756° ▶ DRIVING - Exit Moonee, across overpass, North via Solitary Islands Way, Left onto Bucca Road, Right into McClellands Road. Go Right at fork, then Left into reserve. ▶ PARKING - Sports Reserve. ▶ SUPPORT - Teams will complete the Leg 4 trek loop and return to this location.</p>
END LEG TRANSITION AREA LOGISTICS & EQUIPMENT			
CP67/TA Bucca Sports			









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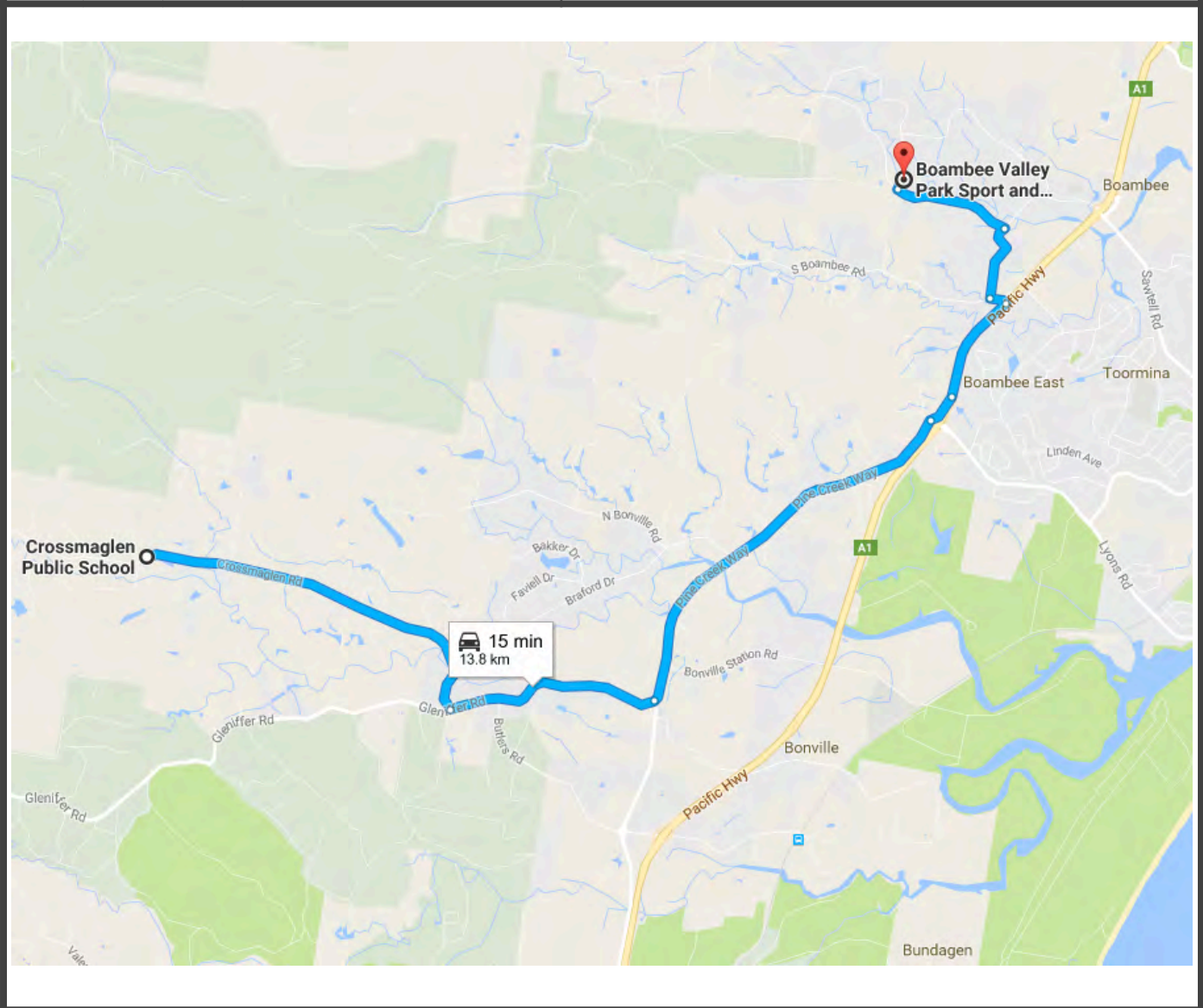
END LEG 5	Ayrshire Park, Boambee	START LEG 6	SUPPORTED TA
	<p>Fastest estimate = 3:00 hrs To Finish estimate = 5:00 hrs</p> <p>Your Team Estimate:</p>		<p>▶ ADDRESS - Boambee Valley Park Sport and Recreation Area, Ayrshire Park Drive, Boambee, New South Wales.</p> <p>▶ LAT/LONG - -30.333130°, 153.059406°</p> <p>▶ DRIVING - SE back to A1 Highway, then South through Coffs Harbour, Exit Boambee, follow Lindsays Rd and Middle Boambee Rd.</p> <p>▶ PARKING - In carpark and along road.</p> <p>▶ SUPPORT - Confirm what your team will need at the <u>next</u> TA as it will be gear drop only.</p>
END LEG TRANSITION AREA LOGISTICS & EQUIPMENT			
<p>CP12/TA Boambee</p>	 	<p>▶ Fuel and shopping centres on way through Coffs Harbour.</p>	









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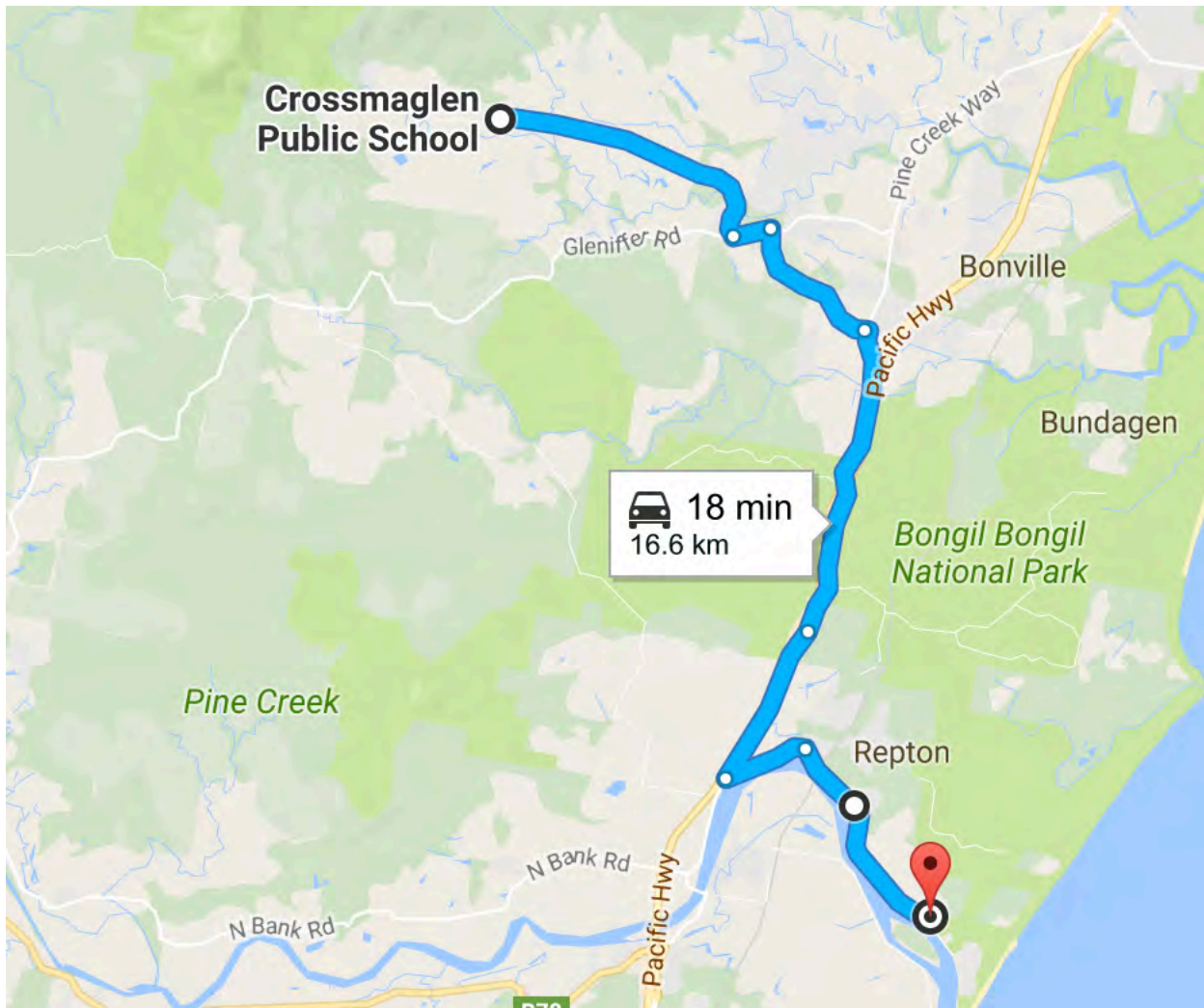
END LEG 6	Crossmaglen Primary School	START LEG 7	SUPPORTED TA
	<p>Fastest estimate = 4:30 hrs To Finish estimate = 7:30 hrs</p> <p>Your Team Estimate:</p>		<p>▶ ADDRESS - Crossmaglen Public School, 384 Crossmaglen Rd, Crossmaglen NSW 2441</p> <p>▶ LAT/LONG - -30.366274°, 152.981749°</p> <p>▶ DRIVING - Return to Highway, South then exit Pine Creek Way, Gleniffer Road then Crossmaglen Road.</p> <p>▶ PARKING - Front of school.</p> <p>▶ SUPPORT -</p>
END LEG TRANSITION AREA LOGISTICS & EQUIPMENT			
<p>CP18/TA Crossmaglen</p>			








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END LEG 7	Mylestrom Sports Ground	START LEG 11	SUPPORTED TA
	<p>Fastest estimate = 2:15 hrs To Finish estimate = 5:00 hrs</p> <p>Your Team Estimate:</p>		<p>▶ ADDRESS - 399 Mylestrom Dr, Mylestrom NSW 2454</p> <p>▶ LAT/LONG - -30.459935°, 153.040147°</p> <p>▶ DRIVING - South on Highway, exit towards Repton, Mylestrom Road.</p> <p>▶ PARKING - On oval.</p> <p>▶ SUPPORT -</p>
<p>END LEG TRANSITION AREA LOGISTICS & EQUIPMENT</p>			
<p>CP22/TA Mylestrom</p>			





GEOQUEST

END LEG 11	Sawtell Surf Lifesaving Club	FINISH LINE	
	<p>Fastest estimate = 2:30 hrs To Finish estimate = 4:30 hrs</p> <p>Your Team Estimate:</p>	<p>▶ ADDRESS - Sawtell Surf Club, Cnr &, Fourth Ave & Second Ave, Sawtell NSW 2452</p> <p>▶ LAT/LONG - -30.368402°, 153.102368°</p> <p>▶ DRIVING - Mylestrom Drive, Highway, Lyons Drive.</p> <p>▶ PARKING - Surrounding streets.</p> <p>▶ SUPPORT - Recommend bring some dry clothes/ blanket as teams must complete a final swim about 1km South of the finish line.</p>	
<p>END LEG TRANSITION AREA LOGISTICS & EQUIPMENT</p>			
 		<p>▶</p>	

